

### LUNCH PRICES:

Student \$3.40/\$4.30 Tier(T)  
Reduced \$.00  
Adult \$4.65/\$5.55\*

www.schoolcafe.com for online payments  
Instructions found at www.wjhsd.net

Paper Check? No problem. Make checks payable to  
"WJHSD Cafeteria Fund"

### What is a Meal?

You must choose at least 3 of the 5 components available for the school lunch price. A minimum of 1/2 cup serving of fruit or a minimum of a 1/2 cup of vegetable must accompany a reimbursable lunch.

Meat or Meat Alternate  
Choice of Vegetable  
Choice of Fruit  
Grain/Bread  
Choice of Milk

### Daily Vegetable Choices May Include:

Spinach, Broccoli, Romaine Salad, Spring Salad, Carrots, Sweet Potatoes, Tomatoes, Red Peppers, Beans, Peas, Potatoes, Corn, Lima Beans, Celery sticks, Cucumbers, Cauliflower, Green Peppers, Green Beans, Cabbage and Green Peppers

### Daily Fruit Choices May Include:

Oranges, Apples, Bananas, Grapes, Pears, Peaches, Cantaloupe, Melon, Strawberries, Applesauce, Pineapple, 100% Fruit Juices, and Mandarin Oranges

### GRAD AND GO SALADS AND SANDWICHES

Choices May Include: Vegetable Garden Salad w / roll  
Ham or Turkey Salad w/ Roll  
Chef's Salad w/ roll  
Greek Salad w/ Roll  
Strawberry Spinach Salad w/ Roll  
Caprese Pasta Salad with Roll  
Ham & Cheese Wrap or Turkey and Swiss on Baguette  
Buffalo chicken Wrap  
Taco Chicken Wrap  
Chicken Caesar Wrap  
Roast Beef and Cheddar Wrap  
Italian Wrap



John Rambo

Food Service Director  
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Try SchoolCafe.com for menus and Nutritional Information  
Menu Subject to Change based on product availability.  
USDA is an equal opportunity provider and employer.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>BISTRO 1776</b>				
<b>31-Mar</b> <b>SLIDER DAY</b> Cheeseburger Sliders or Hot Italian Sliders  <b>FEATURED VEGGIES</b> Oven Fries Celery Sticks Choice of Fruit Choice of Milk	<b>1-Apr</b> Walking Tacos Dorito Chips or Taco Pizza  <b>FEATURED VEGGIES</b> Mexicali Corn Red Pepper Strips Choice of Fruit Choice of Milk	<b>2-Apr</b> General Tso's Chicken(T) over Fried Rice  <b>FEATURED VEGGIES</b> Oriental Vegetable Mandarin Oranges Choice of Fruit Choice of Milk	<b>3-Apr</b> Grilled Chicken & Broccoli Alfredo over Penne  <b>FEATURED VEGGIES</b> Steamed Broccoli Chic Pea Salad Choice of Fruit Choice of Milk	<b>4-Apr</b> Macaroni and Cheese w/ Pretzel Sticks or Popcorn Shrimp  <b>FEATURED VEGGIES</b> Side Salad Baby Carrots Choice of Fruit Choice of Milk
<b>7-Apr</b> <b>BBQ DAY</b> Pulled Pork BBQ or BBQ Ribb Sandwich  <b>FEATURED VEGGIES</b> Curly Fries Coleslaw Choice of Fruit Choice of Milk	<b>8-Apr</b> TJ Chipotle(T) Choice of Beef, Chicken, or Pork in a Burrito Bowl  <b>FEATURED VEGGIES</b> Peppers & Onions Black Beans Choice of Fruit Choice of Milk	<b>9-Apr</b> Chicken Tikka Masala with Cilantro Lime Rice  <b>FEATURED VEGGIES</b> Steamed Broccoli Tomato Salad Choice of Fruit Choice of Milk	<b>10-Apr</b> Ramen Bowl with Grilled Chicken  <b>FEATURED VEGGIES</b> Oriental Vegetable Red Pepper Strips Choice of Fruit Choice of Milk	<b>11-Apr</b> Cheese Pierogies with Sautéed Onions  <b>FEATURED VEGGIES</b> Romaine Salad Ranchero Carrots Choice of Fruit Choice of Milk
<b>14-Apr</b> <b>Pasta Bar</b> Choice of Noodle & Sauce or Meatball Calzone  <b>FEATURED VEGGIES</b> Steamed Green Beans Caesar Salad Choice of Fruit Choice of Milk	<b>15-Apr</b> Chicken Fajitas with Sautéed Peppers & Onions or Beef Soft Tacos  <b>FEATURED VEGGIES</b> Black Beans Tomato & Onion Salad Choice of Fruit Choice of Milk	<b>16-Apr</b>  <b>Early Dismissal</b> <b>No Lunch Service</b>	<b>17-Apr</b>  <b>Spring Recess</b>	<b>18-Apr</b>  <b>Spring Recess</b>
<b>21-Apr</b>  <b>Spring Recess</b>	<b>22-Apr</b> Nachos Grande Tortilla Chips  <b>FEATURED VEGGIES</b> Black Beans Garden Salsa Choice of Fruit Choice of Milk	<b>23-Apr</b> <b>WING BAR</b> Boneless or Bone in Wings(T) Choice of Sauce  <b>FEATURED VEGGIES</b> Baby Carrots & Celery Oven Fries Choice of Fruit Choice of Milk	<b>24-Apr</b> <b>PASTA BAR</b> Choice of Pasta & Sauce Choice of Chicken or Meatballs Garlic Breadstick  <b>FEATURED VEGGIES</b> Side Ceaser Salad Green Beans Choice of Fruit Choice of Milk	<b>25-Apr</b> <b>WAFFLE BAR</b> Belgian Waffles With Fruit Toppings and Sausage  <b>FEATURED VEGGIES</b> Hashbrowns Cinnamon Apples Choice of Fruit Choice of Milk
<b>28-Apr</b> Baked Ziti Garlic Toast  <b>FEATURED VEGGIES</b> Celery Sticks Garden Peas Choice of Fruit Choice of Milk	<b>29-Apr</b> Walking Taco or Taco Pizza  <b>FEATURED VEGGIES</b> Tater Tots Red Pepper Strips Choice of Fruit Choice of Milk	<b>30-Apr</b> General Tso's Chicken(T) server over Fred Rice with an egg roll  <b>FEATURED VEGGIES</b> Cucumber Salad Mandarin Oranges Choice of Fruit Choice of Milk	<b>1-May</b> Grilled Chicken and Broccoli Alfredo over Penne  <b>FEATURED VEGGIES</b> Steamed Broccoli Chickpea Salad Choice of Fruit Choice of Milk	<b>2-May</b> Macaroni & Cheese Bar Choice of toppings  <b>FEATURED VEGGIES</b> Side Salad Baby Carrots Choice of Fruit Choice of Milk

## GRILLE FIFTY5ONE

CHECK OUT OUR HOPPY MEAL - Every Tuesday In honor of Coach Hoppy!! Other choices may include Hamburgers, Cheeseburgers, Double Cheeseburgers(T), Jaguar Burgers(T), Corn Dogs, Grilled Jumbo Hot Dogs, Quesadillas, Grilled Chicken Sandwiches, Cheese Steak Hoagies, Specialty Burgers(T), Texas Toast Grilled Cheese with Tomato Soup, and more!!!

## VILLA MONTICELLO

Choice of fresh baked pizza!!! Choices may include Hand Tossed(T), Deep Dish(T), French Bread, Flat Bread, Sicilian Style(T), Daddy's(T), Detroit Style(T), Calzones(T), and Pepperoni Rolls(T).

Big

### THE CHAMPION OF ALL CHICKEN

## CHERP'S CHICKEN

Choices may include Chicken Patty on a bun, Spicy Chicken Patty on a bun, Grilled Chicken Sandwich, Popcorn Chicken, Chicken Nuggets, Chicken Fries, Chicken Wings(T), Chicken Sliders, or Chicken Tenders.

## Declaration DELI

Made to order Chopped Salads, Sandwiches, and Wraps with an assortment of fresh deli meats and cheeses. You can pick from the wide variety of fresh toppings to tailor it just the way you want it. Toast your sandwich in the Panini Press or over at Villa Monticello. Check out our Fresh Soups too!!! All Served Daily!